# Girl After Girl After Göd's Own Heart

Elizabeth George



EUGENE, OREGON

Unless otherwise indicated, all Scripture quotations are taken from the Holy Bible, New International Version®, NIV®. Copyright © 1973, 1978, 1984 by Biblica, Inc.™ Used by permission of Zondervan. All rights reserved worldwide.

Verses marked NKJV are taken from the New King James Version. Copyright © 1982 by Thomas Nelson, Inc. Used by permission. All rights reserved.

Verses marked TLB are taken from The Living Bible, Copyright © 1971. Used by permission of Tyndale House Publishers, Inc., Wheaton, IL 60189 USA. All rights reserved.

Cover by Garborg Design Works, Savage, Minnesota

## A GIRL AFTER GOD'S OWN HEART

Copyright © 2010 by Elizabeth George Published by Harvest House Publishers Eugene, Oregon 97402 www.harvesthousepublishers.com

 ${\bf Library\ of\ Congress\ Cataloging\mbox{-}in\mbox{-}Publication\ Data}$ 

George, Elizabeth.

A girl after God's own heart / Elizabeth George.

p. cm.

ISBN 978-0-7369-1768-1 (pbk.)

1. Girls—Religious life—Juvenile literature. 2. Preteens—Religious life—Juvenile literature. 3. Christian life—Biblical teaching—Juvenile literature. I. Title.

BV4551.3.G46 2010

248.8'2-dc22

2009053824

**All rights reserved.** No part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any means—electronic, mechanical, digital, photocopy, recording, or any other—except for brief quotations in printed reviews, without the prior permission of the publisher.

### Printed in the United States of America

10 11 12 13 14 15 16 17 / VP-SK / 10 9 8 7 6 5 4 3 2 1

## Contents

	Introduction—A Note Just for You	9
1.	My Heart	11
2.	My Space	21
3.	My Parents	29
4.	My Family	39
5.	My School	47
6.	My Friends	57
7.	My Church	67
8.	My Self	77
9.	My Time	87
.0.	My Adventure with Jesus	97
	Notes	103

## My Heart

mma? Emma! Emma Thomas!" Mrs. Jones barked out. It wasn't until Emma's friend Jenny shook her arm that Emma refocused her gaze from looking out the window and realized that everyone in her class was staring at her.

"Could you please repeat the question, Mrs. Jones?" Emma sheepishly asked her history teacher.

Emma had been a complete mess ever since she'd received an invitation to Tiffany's birthday party. That was a week ago, and Emma was still caught up in the thrill of being invited to a party given by the coolest girl in her class. For months Emma had been totally absorbed in breaking into the "cool girl" circle. At last it looked like her hard work was finally paying off. And now that she was about to be "in" with this group of girls, she wanted to focus on how to stay in the "in" circle.

## FUN IN GOD'S WORD!

Lots of things in our lives attract our attention and distract us from what's truly important. For Emma it was a

birthday invitation that took her mind off her schoolwork—and everything else. She just couldn't stop thinking about that birthday party!

So, what's the problem? What's wrong with a party and having some fun? Well, nothing, of course! But the real issue was the focus of Emma's heart. What she really needed was a better understanding of where God wants His girls to focus their hearts.

To help you take a closer look at the heart—your heart—let's have some fun with the acrostic below that spells out H-E-A-R-T. I'm guessing you have a favorite pen or pencil, or a favorite color of ink. (Mine is turquoise!) Whatever your favorite is, get it out and keep it handy. An adventure with Jesus and a trip into God's Word are about to begin!

As you read the verses in the following chapters, you may want to mark what you like and learn. And feel free to write all over the margins! Also try to answer the questions, even if only in your mind. And if you don't have a pen handy or you only feel like reading, that's fine! I want reading this book to be fun—not feel like another homework assignment.

Well, here goes! Whisper a prayer to God, and ask Him to work in your heart.

ave a heart check-up. Wow, was Jesus ever right on when He told the people who wanted to follow Him, "Where your treasure is, there your heart will be also" (Matthew 6:21). For Emma, her "treasure"—her heart—was in

friends, parties, and the "in" crowd. For other girls, their heart's treasure may be in getting straight A's, winning trophies in gymnastics, or wearing the right clothes.

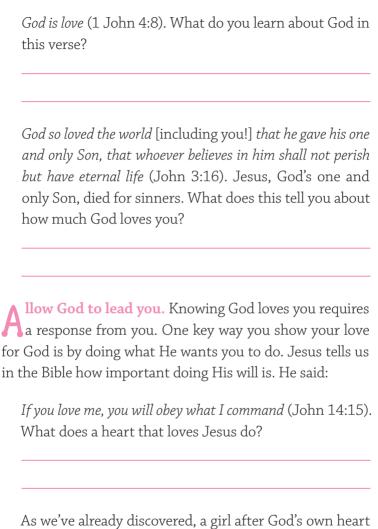
Now the big question is, where's *your* treasure? Where's *your* focus? Where's *your* heart? A girl after God's own heart wants to be sure her treasure—what she thinks is most valuable and important—is what God says it should be.

As you begin this adventure in loving Jesus and following Him, here's a very important verse that shows you what God wants to be first in your life. It's Acts 13:22—and it's dynamite! In this verse God describes the heart of the man He chose to be king over His people. Here's what He says:

I have found David son of Jesse a man after My own heart; he will do everything I want him to do. What does a person after God's own heart do that sets him or her apart?

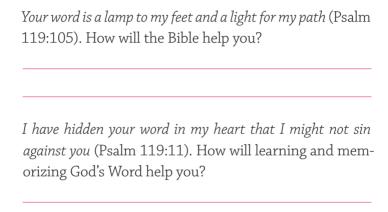
My new friend, this is the goal of this book—that you be growing into a *girl* after God's own heart, a girl who follows God and is willing to go on the adventure of doing whatever He wants you to do. Does this sound impossible? Well, it's not. Read on!

with realizing that God loves you. As much as your parents and grandparents love you, no one loves you more than God. The Bible tells us these things about God's love:



As we've already discovered, a girl after God's own heart is a girl who will do what God wants her to do. Her thinking goes like this: "If God wants me to do this, I'm going to do it. And if God doesn't want me to do this, I'm not going to do it."

Are you wondering, "How? How can I know what God wants me to do? How can I be sure of what He wants?" Well, I have good news! God has already stated His will in His Word, the Bible. So be sure you set aside some time to read your Bible. If you're not sure about what you are reading, talk it over with your parents, pastors, or Sunday school teachers. God has given these people to you to guide you and help you understand what to do.



Remember, God wants you to love Him. Now think about some of the things you love. I hope your mom and dad pop into your mind. And maybe a best friend. Perhaps you thought of your new puppy, or a hobby like knitting, doing crafts, ice skating, swimming, ballet, music, or your doll collection. Or maybe playing sports like soccer or basketball or tennis. Or even things you love to eat like ice cream, chocolate, chips, and donuts—yum, yum!

Now it's	s time fo	r you to	make	your list	t of "Ih	ings I L	ove":

Now—back to God! God wants you to love *Him*. In fact, He wants to be at the top of your "Things I Love" list. He wants you to love Him *more than* all other things. And He wants you to love Him with all your heart. Jesus says,

Love the Lord your God with all your heart and with all your soul and with all your mind (Matthew 22:37). Circle every time the word "all" is used.

Love like this is a tall order, isn't it? But it is possible to love God more than anything else. All you have to do is choose to put Him first in your life and in your heart, one day at a time. Here are some ways to get started:

- When you go to bed at night, tell God that you love Him and that you are going to think about Him first thing as soon as you wake up. Then say, "Good night, Lord. I love You!"
- When you wake up, say, "Good morning!" to God.

It's just like King David said in Psalm 5:3: "My voice You shall hear in the morning, O LORD" (NKJV). Thank the Lord for His love, His blessings, all the good things in your life, and your brand-new day.

I don't know about you, but when I was a girl, I dearly loved writing in my diary. It was a special, private place where I could share about my heart and my life. A lot of things happen in one day, things you don't want to forget. So write about them! But don't forget that the most important thing to write down is what you learned about God or Jesus, and how much you love Him. Try it! It will be just between you and God, a time to say, "Thank You for my special day, God."

Take the temperature of your heart. Throughout this book we'll talk a lot about your heart. But right now it's time to take the temperature of your heart. You already know how your mom takes your body temperature with a thermometer when you're not feeling well. That helps her know if you are sick or not. And, if you are sick, it helps her to know if you're a little sick or *really* sick!

Think about this scene from the book of Revelation. Jesus is speaking to the people in a certain church. Here's what He said to them:

I know your deeds, that you are neither cold nor hot. I wish you were either one or the other! So, because you are lukewarm—

neither hot nor cold—.	am about to	o spit you	out of my	mouth
(Revelation 3:15-16)				

Jesus mentions three	e heart conditions	s or temperatures.
List them here.		

To be *coldhearted* means to be unemotional, unaware of God. It's hard to imagine being a person who doesn't even think about God at all! To be *lukewarm* means to be indifferent and bored. Oh, dear! Imagine being numb toward God, bored about God! The third temperature—*hot!*—means that the heat of your heart and your emotions toward God is sky-high. That means your love for God is boiling over with emotion, excitement, and passion. It's fiery! It's the heart of someone—*you!*—who loves God and is committed to Him.

## HEART 2 HEART

Just think about Jesus' love for a minute. He loved you so much that He died for you so that you could have eternal life and be with Him forever. And think about how He loved you before you ever loved Him. I hope your heart is as excited about Jesus right now as mine is. If it's not, I hope your heart will warm up, ignite, and begin to burn with a real love for Jesus.

All sorts of exciting and positive things can happen as you turn up the heat of your love for Jesus. So let's discover how you can understand a bit more about Jesus and His plan for you. But first, pray this prayer. Its words will tell Jesus of your desire to know and love Him more and more:

Dear Jesus, help me to love You more, to know You better, and to follow You with all my heart. Amen.

## MY ADVENTURE WITH JESUS

In this chapter we had some fun in God's Word learning about the importance of H-E-A-R-T. On this page, write out the point for each letter. (I'll get you started with "H.")

	Ha	ive a	a he	eart	ch	eck	-up	•									
	3																
	٨																
	A.																
	R.																_
•	T.																
	Nov	w, w	rite	e oı	ıt c	ne	thi	ng	you	ı lik	æd,	lea	.rne	ed,	or v	wan	t to
			•		ear	't a	nd	yoı	ar l	ove	fo	r Je	esu	s. ]	The	n er	njoy
the	adv	vent	ure	<u>.</u> !													